

Gold Criteria

To become a Gold School, you must continue implementing the Bronze and Silver Criteria and complete all four Gold Criteria. Upon completion your school will receive \$500.

- ★ 1. Write a policy that requires all Pre K-6 physical education and physical activity courses to be overseen by certified Physical Education (PE) teachers or PE specialists employed by the school or district.
- ★ 2. Write a policy for all teachers and staff that food is not to be used as a reward or as a punishment for students.
3. Complete four of the following from the Changing the Scene Program:
 - ★ a. Write a policy that requires healthy food and beverage choices to be available whenever food is available outside of school meal services.
 - b. Enroll school as a Team Nutrition School and conduct nutrition education activities and promotions that involve students, parents, and the community.
 - c. Offer nutrition education in the school dining room and in the classroom, with coordination between school food service staff and teachers.
 - ★ d. Write a policy that requires lunch to be at least twenty minutes long from the time students are seated and held between 11 am and 1 pm.
 - ★ e. Write a policy that bans advertising of less nutritious food choices and promotes healthy food choices.
 - ★ f. Write a policy that requires food service staff to have appropriate pre-service training and regular participation in professional development activities
 - g. Require all organizations to raise funds by selling only non-food items.
 - h. Consider student needs in planning for a healthy school nutrition environment by asking students for input and incorporating their feedback into policy making.
 - ★ i. Write a policy that requires recess to be scheduled immediately before lunch for most or all grades.
4. Choose and complete two criteria, in addition to the three options chosen for the Silver level, from the Criteria Menu found on page 4.

★ A policy must be written for these criteria

